

## LET THERE BE LIGHT!"

International Conference, Halcyon, May 2009

„ and God spoke, *Let there be LIGHT. And there was light.*” In such manner the Creator of all things sent out this life essence of all manifestation, that individuality, consciousness of identity and intelligence may be produced and the LIGHT sent out so propagated.

This spiritual light awakens the knowledge in us, that we are in God, of God, and have our being in It, just as the sunlight wakes us every morning, illuminating the path.

There is a German song that puts this idea into beautiful words:

*”Every morning the sun rises,  
in the worlds’ wondrous round  
and the high and holy hour of bliss  
takes its course every morning”*

It is up to us to make appropriate use of such hour of delight—our very own life.

As a correspondence to the Sun we have our aura, that we can make shine in beautiful colors through high and ennobling thoughts and wishes. We also have the power to convert it into a destructive shade, by permitting ourselves to generate negative thoughts and desires.

Concentration, meditation and prayer when focused on the greatest and highest good, call forth, on the other hand, spiritual LIGHT perceptible even to the inner eye. This spiritual LIGHT raises the vibrations of the bloodstream and ennoble character. This is why it has been said at the last Convention: *First thing when you wake up in the morning, connect yourself to the LIGHT.*

Joy is LIGHT that shines from our eyes. Gratitude—the conscious recognition of all good that surrounds and lives in us, makes this LIGHT shine. To give pleasure to others and cause this light to shine in their eyes as well, will make us feel happy in return. Verily, what goes around comes around, in this instance in a most tangibly positive sense.

Doing our work gladly shall fill with light everything that we interiorly or exteriorly touch, and contribute to our usefulness which we are called upon to attain.

Being loving to all; aiding the young ones in material and in non-material ways; honoring and supporting our elders and profiting from their wisdom will make a brighter walk for them and ourselves, and heal wounds.

Why stay in the shade when a welcome is awaiting us on the sunlit side of life? *“Not only through pain and suffering is thy will made manifest, for joy and beauty burn eternally in the creation of thy universe.”*

Ever yours, with Love, Annegret