

BE LIKE THE SUN

Many times the Masters have told us: “Be like the Sun, giving the light to everyone.” What does this mean and how can it be achieved? It means to learn how to give. And this giving must be constant, in the manner of the sun constantly giving. This manner of giving becomes possible only when the shell of selfishness is cast off and all things personal are moved aside; when service for the sake of the Common Good becomes first and foremost. Otherwise, it is impossible to withstand the Light of the Spiritual Sun, coming from the Cosmic Hierarch who constantly sends His Rays to the Earth, and it is impossible to hold this Higher Light within. Only giving gives us the right to receive this Light.

And it does not matter where and how this service takes place, for it becomes omnipresent. That is why inner work is needed not only for the one who is doing it, but it becomes beneficial for all people on Earth. Common benefit, brought forth by a spiritually developed person who has gotten rid of the hindering dross of selfishness and scum of personal desires, exists though invisible for us. And such people are always ready to fill with their Light those who are attracted to them from everywhere along the lines in space, in the silence of night or in the noise of the day, knowingly or unknowingly.

Life is the journey of a Spirit to the Light through space. The realization of guidance by a Lord of Light is the highest possible achievement for the Spirit on Earth. But the veil is necessary, for the Light may be blinding if the spirit is not ready to perceive it. The Higher Light is unbearable for the physical eye, but it is this Light that turns a man into a Human Being. It can be seen by the eyes of the heart. This Light has no name on Earth. It knows neither obstacles, nor distances. It is much faster than physical light; it instantly reaches the most distant star.

This Higher or Spiritual Light is present in the Light of the Master. That is why we should live and act constantly carrying in our hearts the image of the Master, and consciously endeavor to be in contact with him. To follow the Master one needs aspiration. It casts off the crust of the spirit. Aspiration is a fiery engine of the Spirit. The Spiritual Light shining in the mind and soul of the Master or the Avatar shines in every soul, which is a reflection of that Light.

The fiery thought and the light are of the same nature. There is a swift thought of Light, but there is a thought of Darkness also. It is heavy, crawling, magnetically bound to the Darkness. When a man is filled with thoughts of Light, he is illuminated and as if soaring. When he is filled with the dark thoughts, he grows gloomy and feels insufferably heavy. Everything in space is created by the Great Light. Thoughts of Light create the worlds, and man’s destiny is to become their creator. Everyone is creating—the brothers of Light and the brothers of Darkness. But the first create the perfect forms, and the latter destroy them and sow chaos. The increased Light in us shines into the darkness and reveals Great Faces. When it shines bright in us, it becomes intolerable to the Darkness and Darkness takes up arms against us. An attack of Dark Forces is the proof of the Light growing in us. The victory over Darkness is not easily given to anybody and can be achieved by means of fire of the heart. It is

possible to achieve a condition of constant luminosity only when we are surrounded by Light, instead of Darkness. Therefore, the control and vigilance, as well as some wariness, are necessary, because there will be a lot of attempts to extinguish our lamp of Light.

How to avoid these attacks or to be protected from them? It is necessary to show good-will and calm in all vital situations—that is, to keep equanimity of the Spirit.

All depends on the state of fiery energies of the spirit and their correct application to the solving of vital questions. It is necessary to learn how to cure people not only from illnesses, but also from gloomy mental states, using Love. It is the most powerful fiery force. But even love, when lacking balance, is worth little. Its spasmodic attacks do not bring good results. To feel pity does not mean to exhaust oneself in an astral whirlwind of another's consciousness and resonate with it on a wave of gloom. True compassion is reached by the strength of spiritual balance which will neutralize this whirlwind, and the receiving consciousness be amazed by its calms.

The state of consciousness develops out of many elements. They can be distinguished by luminosity. One, that is from Light, increases Light; others, that are from darkness, dim this very Light. And the consciousness develops either as a luminous entity, or shrouded in gloom. It is necessary to learn to identify what our consciousness resonates with at present, and to strive for its constantly being tuned to the Highest Light. For this purpose it is useful before bed, to release oneself from the day's peel of negative impressions and anxious thoughts. The difficulty lies in that, on the one hand, it is necessary to sharpen and deepen an impressionability and sensitivity, and on the other hand to dull these. The dual nature of reality manifests here also. Each phenomenon has also the shadow part. Only the Highest Light has no shadow.

Polarity is observed in the whole universe. And if the danger from darkness amplifies, the opportunity for Light increases to an equal degree. There has now come time when the impact of darkness is especially furious, but also the force of Light has increased unbelievably. And it strengthens the Light of each consciousness, determined towards it.