

## **There is a Light**

“One day the veil will fall from your eyes and Light that I bear, will reach the most hidden corners of your hearts that at present are covered from Me by your arrogance and ignorance.”--Teachings of the Temple, Volume 1

There is a Light! How should we understand it, with affirmation or with doubt? Everyone finds the answer for him/herself, if of course some thought is given to the subject. My understanding is that, when we look inside, we should not become terrified, but we should smile; and carry into the world this smile of the light of the heart, the smile of joy.

To turn to our inner light it is necessary to have faith. This will prevent the dark forces from erecting a barrier between Love and self. Like attracts like. To awaken the Divine spark within, it is necessary to pass through pain and sufferings, losses and deprivations. Only then the seeds of spiritual qualities will grow.

"After you have cleansed your heart, so that the light of the sun could begin to emanate Divine Love brightly through its fabric, you will clearly see, how the heart of your brother is cleared, and, probably then you will not find as much malice in this heart as you find now. That in it which you perceive as malice, perhaps, is only a manifestation of the malice reflected in it from your own heart!" —*From the Mountain Top*

It is necessary to remember that everything that irritates you in others is also present in you. Be grateful to them for such a lesson. We try to keep the house clean, we aspire to look well; but how often do we go inside "to clean" the heart? In fact, the heart is a fiery magnet and we shouldn't allow for "rusty nails" of despondency, obscene and egotistic thoughts and disbelief to get stuck to it. All this weakens the bond that connects us with the Divine Light.

"Beware of the enemies who would like to deceive and to entice you. They know what is the purpose of your life, its importance, its refined character, its vulnerability, the risk entailed in each one of your steps, and they will try to defeat you, if it is possible, distracting your attention from the purpose and weakening your concentration. Beware of them and prevent their ill-intentioned actions, pouring unto them the shining Light that comes from the Central Sun, the spiritual Sun of Light and evolution. Become this Light. Become one with it as the Father and the Son is One; and nothing will misdirect you, nothing will prevent you from obtaining the victory."—The Message from Master Morya

The person of Light, the Illuminated person, is the person who is being in harmony with him/herself, in a state of balance. There is no place for narcissism, self-conceit, arrogance, soullessness in such a person. However, a slight tipping of the scales disturbs this balance, the peace of mind. One must be ever vigilant in one's life, ever "armed". The "arms" that will protect and help keep one on the Path—are Faith and Knowledge.

The synthesis of these foundations creates the opportunity to follow the Path of Light with one's head held high. There is a Light.

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