

There is a Light. It lives and moves in those who know the Self as One. It is the Peace that passeth understanding and the Power that maketh all things new. It is the Glorified Triple Star shining out of the darkness. It is the enlightenment that comes from making the darkness conscious. It is the Gratefulness and Forgiveness that comes through Faith, Hope and Charity.

Many of us know this Light as God, the Force, or Nature. The challenge of beginning to recognize, understand and practice our connection with this Light requires faith, compassion and experience. Many of us will always require proof of Its existence, while others will never empathize with Its everlasting presence. Being a nonbeliever does not predispose anyone to evil-doing any more than does believing guarantee one to be a practitioner of the Golden Rule. Nevertheless, we are approaching the brink of Universal Brotherhood/Sisterhood as we discover the inevitability of the diversity of humankind. The ways and means to the Ancient Wisdom are Infinite. From worshiping the messenger to living the messages, discernment and time play their roles.

I dimly perceive my connection with the Eternal Internal Light and my Higher Self. While not profoundly mysterious, I'm discovering during my reflective moments in stillness and silence that finding patience for myself and others may in fact be my connection with the Light. And the longer I am able to exercise my own will power to moderate or abstain from some unhealthy behavior, the closer I find myself getting to what may in fact be the Light. Living in the present, one day at a time, fortifies my belief.

There is no royal path to our recognition of our Oneness with the Light. Finding joy in volunteering by offering our service to others is one of our best navigational tools.

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