

There is a Light

“Wherefore worry then? Why not keep within the Light?”

Learning to keep within the Light sounds so simple, and I am sure it is - all I have to do is remember to have thoughts, words and deeds in alignment with the Light.

Master Hilarion tells us that “for the overshadowing Christ to enter and send forth the message which the world has waited for so long” ... “requires quiet, concentration, aspiration, unified endeavour, and faith in each other and in the common purpose.”

A very wise friend once told me that there is great power which the Masters use when we genuinely try—I will try to keep within the Light, I will try not to worry, I will try to find the place of quiet, concentration, aspiration, unified endeavour and faith, and try to lead my life with meaningful words, thoughts and deeds.

And when I find that I have slipped away from the Light, I know that the Light is always present, and it is up to me to find my way back by trying.

*(What I am really trying to say is: I will endeavor to realize the presence of the Avatar as a living power in my life.)

—*Sheila Samuels*

*Spontaneously added the day of the reading