

There is Light.

The word "Light" refers not only to sunlight on the physical plan, but also to the Light of the Spiritual Sun, Light of Divine Love, Will, and Wisdom. Light carrying the Higher Will is the manifestation of all various life forms. Light, of which Wisdom is expressed in purity and strength of the Light—its brightness; and Love transmutes the qualities of Divine Life—to give a part of one's self, for transmuting an impulse of strength, Will and Wisdom, for creation of a different life, and for its maintenance.

This very Light is the basis of all life, it is present as a small Spiritual Sun at the center, regardless of whether in a body or a cell, the main fact being that it is life. The Love of the Higher Light is always present, it is poured into each life, regardless of the form in which it is expressed—planets, stars, various natural phenomena and life forms, or a man. Each form takes the Light in, channels the Light into its life and starts to distribute it upon its surroundings, but the Higher Light already receives the qualities of each life, it is changing, transforming, and sometimes re-emerging as new life.

The life of Light can be expressed by the symbol of the Cross. Everyone receives the Higher Light, which is the basis of all life; it is represented by the vertical line of the cross. It unites the forces of Heaven and the forces of Earth, the Love from Heaven and the Love from the Earth, as two impulses of energy of a life. The Earth receives the Divine Light and helps to give it the form of life.

Take a tree, for example: roots go into the ground and receive the nutrition from there, it passes on a trunk and goes to branches and leaves, the branches and leaves receive light from the Sun and the planets and channel it through the trunk to the roots, the roots, having accepted the heavenly force, become more powerful, extend even further, absorb more nourishment from the soil, but simultaneously, they release nutrients into the ground, aerate it, about them new lives arise—microorganisms etc., and this improves the quality and structure of the soil. Nourishment passes through the trunk, and it gets stronger, puts out new branches and leaves which, having accepted the energy of the Earth, become greater in number, more vivid and bright, and simultaneously the leaves also let out fluids and nutrients into the surrounding space, making it more diverse.

The horizontal line of the cross represents our actions in life—ideas, emotions, desires, mutual relations, reactions, habits and vocation. We distribute the Light through our life, we change it, transform it, we imbue it with our qualities and color it with our personal shades.

Everyone has a cross to bear. A person can receive only the Light which he/she is prepared to accept, but can also consciously strive toward Light, supporting and strengthening the channel, through which the Light pours, creating magnets of attraction for the Light from the entire multivariate body—the mental body, the astral body, the ethereal body. In the mental body—by strengthening ideas that bear joy, understanding, help and support for others, and arresting ideas that are tainted with regret, egotism and self-absorbed love, bearing contention and chaos. In the astral body—by animating the emotions and desires with the Light, Love, and Joy; by bringing into the world through them equanimity and balance, harmony and mutual understanding. In the ethereal body—by creating the conditions for uniform energy currents in the vital organs and systems of the body, for every fluctuation in the functioning of the body will cause shifts in the emotions and reactions of the person, leading to changes in thought patterns.

The person accepts Light from Heaven and Earth, transforms it and channels it into the life-energy of the world. People's thoughts, emotions, passions and desires flow into the multivariate body of the Earth—in the mental plane, the astral plane, the plane of the ether, changing and transforming these planes. That which we create by affecting the energy of the earth is reflected in its life—through its flowering and clemency or in natural cataclysms.

Each individual is responsible for the Light in his/her life and how he/she brings this Light into the world, in various situations and encounters, in mutual relations and actions. We are all responsible for the Light of the Earth together.

—*Tatyana Meshkova, Saint-Petersburg*